



Welcome to Virginia Mason where our business is health care. Virginia Mason is a large medical center that can provide you and your family with primary and specialty care. We have more than 400 highly-skilled physicians, a 336-bed hospital in Seattle, and the internationally recognized Benaroya Research Institute.

Please visit us at one of our convenient locations:

- Bellevue
- Federal Way
- Issaquah
- Kirkland
- Lynnwood
- Seattle
- Sand Point (Pediatrics)
- Winslow

[www.VirginiaMason.org](http://www.VirginiaMason.org)

[www.VMWorks.org](http://www.VMWorks.org)

(206) 223-6600

Be Healthy.



**Virginia Mason Medical Center**

**Transforming the delivery of medical care.**



## VMWorks: The Best Medicine for Your Business

VMWorks is Virginia Mason's new health care program designed specifically to help employers and employees. We have studied corporate health, productivity and financial issues and examined how health care and the associated cost in time and money can affect your business' bottom line.

What we've discovered about health care costs may shock you:

- One half of all employee health care costs are due to waste. This unnecessary waste can be prevented. Cost savings for you and your employees can be huge.
- Unnecessary treatments, testing, and prescriptions that have been scientifically proven to provide no value to your employees can be eliminated.
- Both direct and indirect costs, like time waiting for an appointment, can result in enormous cost and time savings.
- The health care marketplace is inefficient; incentives for providers and insurance companies are misaligned.

## Better, Faster, More Affordable

In 2002, Virginia Mason began the first of many visits to Japan to study the processes of the Toyota Production System. Over the past five years, our management team and physicians have applied their wisdom to our health care delivery system.

Using these new methodologies has allowed Virginia Mason to build speed into health care delivery, allowing our patients to be seen more quickly, without lengthy delays that cost, energy and money.

At Virginia Mason we're using evidence-based medicine to cut waste and lower costs for businesses every day. We have taken the employer and employee perspective on health care and used cost accounting to align payment with value.

VMWorks has also developed standardized Best Practices that

provide your employees with proven, effective medical care and your business with a healthier bottom line.

We've designed the VMWorks programs with Seattle employers like Starbucks, Nordstrom and Costco. Our proven consistency and reliability allow us to deliver outstanding medical care at a fraction of the cost, in a fraction of the time and with high patient satisfaction.

## We've Got You Covered

At Virginia Mason our physicians, technology and experience can handle whatever ails your employees. We have a highly-skilled medical team available to provide any care your employees need in a timely, efficient manner. And to make things even better, our patients are reporting extremely high levels of satisfaction.

Through VMWorks, your employees will be seen faster, and can recover more rapidly. Their course of treatment will be reliable—and without the medical costs associated with unnecessary tests and procedures. And, did we mention that they'll be able to return to work quicker? We guarantee it.

## The Bottom Line

There are no additional costs for the VMWorks programs. Your employees will pay as they would for any other visit. But, your employees and your business will see significant savings in time, productivity, and income. And that you can take to the bank.

## What Next?

Our VMWorks solutions are customized to your company's needs. We evaluate your high cost, high occurrence conditions and then develop a tailor-made program to reduce your costs and improve the health of your employees.

To get started, simply call us today at **(206) 223-6600**.